

**6TH ANNUAL TWO HARBORS WINTER FROLIC
CROSS COUNTRY SKI RACE/TOUR**

Hosted by the Two Harbors Nordic Ski Team

SATURDAY, FEBRUARY 11, 2012 11:00 A.M.

REGISTRATION INFORMATION

~6 kilometer Classic ski race/tour and soup lunch!

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

___ Male ___ Female

Birthdate ____/____/____ Age (race day) _____

**Pay on Race Day
Race/Tour \$15**

**Youth Skiers (12 and under): \$8
Race fee includes a soup lunch!**

All proceeds from this event will go to the
Two Harbors Nordic Ski Team.

**Please make checks payable to:
Agate Booster Club**

Email your registration info to Sarah Haavisto
at shaavisto@isd381.k12.mn.us

The acknowledgement and assumption of risk and
release can be signed at the time of registration.

DIRECTIONS

The race will start in Two Harbors on the Lakeview
National Golf Course and connect onto the Erkki Harju
Ski Trail system. The golf course is on the northeast
end of town on the north side of Hwy 61, and can be
accessed directly off the highway. When traveling
north, go a short way past the last stop light in town (by
the Holiday station) and take a left to the golf/curling
clubhouse.

**ACKNOWLEDGEMENT AND
ASSUMPTION OF RISK AND
RELEASE**

I know that Nordic skiing is an action sport carrying
significant risk of serious personal injury, death or property
damage. I agree that I am alone responsible for my safety
while participating in this competitive ski event and
transportation to and from this event. I will not hold the
Two Harbors Ski Team, Two Harbors High School, the city
of Two Harbors, or any individual volunteer or employee
working with this event, liable for my safety. I specifically
RELEASE and **DISCHARGE**, in advance, those parties
from any liability whether known or unknown, even though
that liability may arise out of negligence or carelessness on
the part of persons or entities mentioned above. I agree to
accept all responsibility for the risk, conditions and hazards
that occur whether they are known or unknown. Being
fully aware of the risks, conditions and hazards of the
proposed activities as a competitor, I **HEREBY AGREE
TO WAIVE, RELEASE AND DISCHARGE** any and all
claims for damages, death, personal injury or property
damage which I may have or which may hereafter accrue to
me as a result of my participation in this ski race.

(printed name)

(dated)

(signature)

(signature of parent/guardian
if competitor is under age 18)

THE RACES –

**11:00 a.m. Youth Race/Tour ~ 1K
11:30 a.m. ~6K Classic Race/Tour
MASS START
(racing skiers in front, touring skiers following)**

AGE CLASSES

* < 4	* 18-29
* 5-6	* 30-39
* 7-8	* 40-49
* 9-11	* 50-59
* 12-13	* 60-69
* 14-15	* 70-79
* 16-17	* 80+

YOUTH RACE!

The Youth race will kick off the day at 11:00 a.m. Youth skiers
are also encouraged to participate in the 6K touring class with
their families. Experienced youth skiers are welcome to compete
in the racing division. This will be a classical technique event.
Bring the whole family and everyone can race!

REGISTRATION & CHECK-IN

**Advance registration is encouraged and appreciated (in order
to help us plan for lunch).**

You may register by emailing your registration information to
Sarah Haavisto at shaavisto@isd381.k12.mn.us. Race day
registration will be accepted in the Two Harbors Golf Clubhouse
up until the start of the race.

LUNCH

A soup luncheon is included in the race fee and will be provided
for skiers following the race. Spectators can enjoy a bowl of soup
with bread, dessert, and a beverage for \$5.00.

AWARDS

Youth skiers will each receive an award following their race. In
the 6K race, the top three finishers in each age division will
receive an award. The top three men and women overall will
receive an additional prize! The 6K awards ceremony will be held
inside during the soup luncheon.